

Dan D.



Master Trainer
Certified Personal Trainer
Team Member Since: 2013
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Exercise Science from Bloomsburg University
- AED (Automated External Defibrillator)
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- 1st Open 200 Beast of the Beach Strongman 2014
- 2nd LW Novice Star Spangled Strongman 2014
- Amateur Strongman Competitions
- Functional Movement Screen Certified
- Golf



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 817