

# Dan D.



**Certified Personal Trainer  
Group X Instructor  
Team Member Since: 2013**

## Education & Certifications

- BS in Exercise Science from Bloomsburg University
- AED (Automated External Defibrillator)
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Working Out
- Amateur Strongman Competitions
- Golf
- Going To The Beach



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