

Jennifer S.



Master Trainer
Fitness Manager
Team Member Since: 2011

Education & Certifications

- BFA in Fine Arts / Art Education from School of Visual Arts
- MFA in Fine Arts from New York University
- CPR Certification
- National Academy of Sports Medicine - Advanced Sports Fitness
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Council on Strength and Fitness - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Spirituality and Love
- Reading
- Visual Arts
- Cooking
- Hiking, Travelling and the Beach
- Taking Risks and Challenging myself



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