## Emily V.

## **Education & Certifications**

- BS in Kinesiology from San Jose State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. Certified Strength and Conditioning Specialist®



Certified Personal Trainer Team Member Since: 2013

## **Hobbies and Achievements**

- Collegiate Basketball Player at Cal State East Bay
- High School Girls Basketball Coach
- Hiking
- Exercising



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