

# Eric M.



**Certified Personal Trainer**  
**Team Member Since: 2017**

## Education & Certifications

BS in Kinesiology from San Jose State University  
- AED (Automated External Defibrillator)  
- CPR Certification

## Hobbies and Achievements

Competitive Swimming  
Football  
Running  
Basketball  
Black Belt Tae Kwon Do



For more info about this trainer,  
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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 836

