

Phil D.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

Hobbies and Achievements

- Lost 130 Pounds
- Amateur Mixed Martial Arts Fighter
- Weightlifting
- Hiking and Camping



For more info about this trainer,
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