

Steffen P.



Certified Personal Trainer
Assistant Fitness Manager
Team Member Since: 2009
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Psychology from Saint Marys College
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Powerlifting
- Wrestling



For more info about this trainer,
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24hourfitness.com/personaltraining