

Steven O.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Exercise Physiology from California State University, Chico
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

Hobbies and Achievements

- Exercise
- Skiing
- Rugby
- Lacrosse



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