

Vinny P.



Certified Personal Trainer
Master Trainer
Group X Instructor
Assistant Fitness Manager
TC24 Coach
Team Member Since: 2009
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Kinesiology from Sacramento State
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Personal Training Institute of Colorado - Personal Training Certification
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®
- TC24 Coach
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- 5X Triathlete
- 2010 and 2011 Tough Mudder Tahoe Finalist
- Completed Nike Womens Half Marathon 2015
- Snowboarding and Mountain Biking
- Spending Time with my wife and dogs!



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 836