

# Andrea G.



**Certified Personal Trainer  
Team Member Since: 2012**

## Education & Certifications

- BA in Communications from Regis University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Personal Training Institute of Colorado - Personal Training Certification

## Hobbies and Achievements

- Running
- Spending time with my family
- Cooking and Creating Healthy Recipes



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)