

# Cindy D.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BA in Exercise Physiology from University of California at Berkeley
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Personal Trainer

## Hobbies and Achievements

- Spending time with family
- Skiing, Hiking, and Biking
- Traveling and exploring new places



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 848