

Nathan H.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

Played football for Colorado State University from 2007-2010.
Continuously training my own body for peak performance.
Taking my dog for runs.
Enjoying my time with friends and family.



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