

Nick F.

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- The National Personal Training Institute - Personal Training Certification
- National Strength and Conditioning Assoc. - Certified Personal Trainer



Team Member Since: 2010

Hobbies and Achievements

- Hiking
- Soccer
- Surfing
- Swimming



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining