

Christine R.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- BS in Business Management from University of Phoenix
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- CrossFit
- Paleo Cooking
- Spending Time with Family
- Running



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