

# Eric S.



**Master Trainer**  
**Assistant Fitness Manager**  
**Team Member Since: 2010**

## Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Outdoors
- SCUBA diving
- Weight training



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)