

Meagan S.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2003

Education & Certifications

- BA in Book Arts from Oregon College of Art and Craft
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Gluten-free baking
- Teaching pilates and yoga
- Barefoot training
- Energy healing



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 849

