Tyler L.



Master Trainer
Team Member Since: 2003

Education & Certifications

- AA in Fitness Technology from Portland Community College
- American College of Sports Medicine Certified Personal Trainer
- American College of Sports Medicine Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer
- National Academy of Sports Medicine Performance Enhancement Specialist

Hobbies and Achievements

- Mountain biking
- Snowboarding
- Trail running



For more info about this trainer, scan this code with your smart phone or visit:

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