

Tyler L.



Master Trainer
Team Member Since: 2003

Education & Certifications

- AA in Fitness Technology from Portland Community College
- American College of Sports Medicine - Certified Personal Trainer
- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Mountain biking
- Snowboarding
- Trail running



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