

Tyler H.



Certified Personal Trainer
Master Trainer
Team Member Since: 2008
Sessions Serviced: 5,000 +

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Yoga
- Capoeira
- Rock Climbing
- Performance Enhancement



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining