

# Basel A.



**Certified Personal Trainer**  
**Team Member Since: 2008**

## Education & Certifications

- BS in Business Administration - Decision Sciences from Cypress College
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Swimming and Water polo
- Soccer
- Plyometrics
- Reading



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 855