

Basel A.



Certified Personal Trainer
Team Member Since: 2008

Education & Certifications

- BS in Business Administration - Decision Sciences from Cypress College
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Swimming and Water polo
- Soccer
- Plyometrics
- Reading



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 855