

# Brandon U.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Personal Training Institute of Colorado - Personal Training Certification

## Hobbies and Achievements

- Hiking and trail running local mountains
- Recreational basketball
- Played high school football, All-Academic and All Region Team
- Worked with MMA training as well as boxing
- Worked with special needs-diabetics, rehab, grocery shopping



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 856