

Natalie P.



**Certified Personal Trainer
Team Member Since: 2010**

Education & Certifications

- BS in Nursing from San Diego State University
- BS in Nutrition from San Diego State University
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Competitive marathon running
- Fitness competitions: choreographed dancing
- Bikram yoga
- Competitive swimmer (olympic matador)
- Cooking- holistic nutrition chef



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