Casey C.



Certified Personal Trainer Team Member Since: 2012

Education & Certifications

BS in Exercise Science from Winona State University

- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. Certified Personal Trainer

Hobbies and Achievements

I enoy hanging out with my friends and going to movies!
I was a First Team All-State volleyball player, 2007.
I was a state participant in golf and volleyball, 2007.
I played golf at Winona State University for 3 years, 2008.



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

