

Casey C.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

BS in Exercise Science from Winona State University

- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Personal Trainer

Hobbies and Achievements

- I enjoy hanging out with my friends and going to movies!
- I was a First Team All-State volleyball player, 2007.
- I was a state participant in golf and volleyball, 2007.
- I played golf at Winona State University for 3 years, 2008.



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