

Derek N.



Master Trainer
Team Member Since: 2009
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Industrial Engineering, Minor in Management from California Polytechnic State University, Pomona
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Parkour
- Freerunning
- Ninja Warrior Obstacles
- Working on Cars
- Getting to know new people



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24hourfitness.com/personaltraining

Club ID: 860

