

Jacob C.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Business Marketing from California Lutheran University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- IFL Wyoming Cavalry (pro football player)
- Snowboarding
- Rugby
- All-American Student-athlete
- Any activity at the Beach



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 860

