

Michael S.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Kinesiology from California Polytechnic State University, Pomona
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- LA Marathon 2011/ OC Marathon 2012
- Hiking
- Cooking
- Photography



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