

# Young V.



**Master Trainer**  
**Group X Instructor**  
**Sessions Serviced:5,000 +**

## Education & Certifications

- BA in Korean Culture Dance from South Korea
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Certified Yoga Instructor
- Certified Pilates Instructor
- Certified Zumba Instructor
- Certified Piyo Instructor
- Certified Aqua Instructor



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