

# Albert F.



**Certified Personal Trainer**  
**Team Member Since: 2004**

## Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- ESPN Sport Center
- Fantasy football



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 862

