

Arthur L.



Team Member Since: 2009

Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Health and Fitness
- Sports
- Nutrition
- Dirt and Mountain Biking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 862

