

# Darren V.



**Certified Personal Trainer  
Fitness Manager  
Team Member Since: 2012**

## Education & Certifications

- BA in MARINE TECHNOLOGY from NATIONAL UNIVERSITY
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- SURFING
- CROSSFIT
- SPEAR FISHING
- SNOWBOARDING
- SWIMMING



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 862