

# Trevor B.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- History/Physical Education from Irvine Valley College
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Competitive Swimmer for 15 Years
- Cross Country and Track Runner and Coach for 2 years
- Basketball Player for 3 Years



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 863

