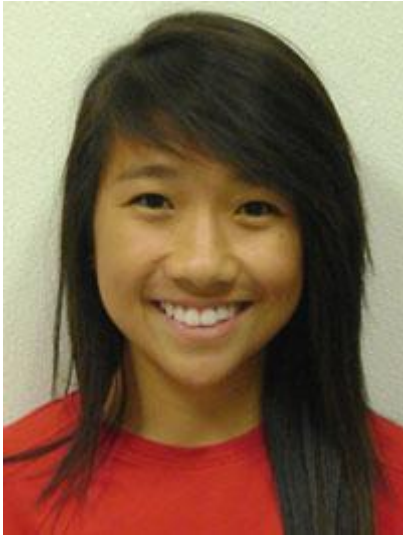


Linda L.



Certified Personal Trainer
Team Member Since: 2010

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Coached girls varsity Tennis
- Plays on CSUF Womens Lacrosse team
- Disneyland
- Wakeboarding



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining