

Patrick D.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Psychology from California State University, Fullerton
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Olympic Weight Lifting
- Power Lifting
- Running
- Gymnastics
- Functional Training



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 864