

# Kimia D.



**Master Trainer**  
**Team Member Since: 2007**

## Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Going to college for degree in Kinesiology
- Training CrossFit
- Traveling



For more info about this trainer,  
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