

# Lucy N.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Reading
- Nutritional research
- Xterra Trail run series
- LA Bass Music



For more info about this trainer,  
scan this code with your smart phone or visit:

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