

Star E.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist

Hobbies and Achievements

- Yoga (certified from YogaWorks)
- Dance
- Kickboxing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 866