

Kristin Z.



Certified Personal Trainer
Team Member Since: 2002
Sessions Serviced: 5,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Hiking
- Climbing
- Yoga
- Wildlife Photography



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining