Patty E.



Certified Personal Trainer Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- Cooper Institute Biomechanics of Resistance Training
- Cooper Institute Personal Trainer Certification
- CPR Certification
- International Sports Sciences Assoc. Personal Trainer Certification
- National Council on Strength and Fitness Personal Trainer

Hobbies and Achievements

- Field Hockey
- Mountain Biking
- Hiking



For more info about this trainer, scan this code with your smart phone or visit:

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