

# Justin P.



Team Member Since: 2008

## Education & Certifications

- BS in Fitness & Nutrition from Penn Foster
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Federation of Professional Trainers - Personal Trainer

## Hobbies and Achievements

- Dancing
- Running
- Snowboarding



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 870

