

# Jessie B.



**Certified Personal Trainer**  
**Group X Instructor**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Exercise Physiology from California State University Chico
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Certified Nursing Assistant
- Track & Field
- Soccer



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 872

