

Aaron B.



Master Trainer
Team Member Since: 2003
Sessions Serviced: 5,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Academy of Sports Medicine - Sports Fitness Specialist
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Football
- Running marathons
- Triathlons
- Soccer



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining