

# Melissa C.



**Certified Personal Trainer**  
**Team Member Since: 2010**

## Education & Certifications

- BS in Foods and Nutrition from San Diego State University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Running for Charity 5Ks, 10Ks
- Mud Runs & Fun Runs
- Hiking



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