Ron M.



Team Member Since: 2002

Education & Certifications

- 24 Hour Fitness Certified Personal Trainer
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Academy of Sports Medicine Certified Personal Trainer
- National Academy of Sports Medicine Performance Enhancement Specialist

Hobbies and Achievements

- Riding my motorcycle
- Working out



For more info about this trainer, scan this code with your smart phone or visit:

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