

Brian B.



Certified Personal Trainer
Master Trainer
Group X Instructor
Team Member Since: 2001
Sessions Serviced: 2,000 +

Education & Certifications

- BA Marketing from University of Texas Arlington
- MS in Physical Therapy from Texas Womans University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- Cooper Institute - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Family and friends
- Playing with my dogs
- Skiing
- Bike riding
- Enjoying the great outdoors



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 881