

Brian B.



Master Trainer
Team Member Since: 2001
Sessions Serviced: 2,000 +

Education & Certifications

- BA Marketing from University of Texas Arlington
- MS in Physical Therapy from Texas Womans University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- Cooper Institute - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Bike riding
- Skiing
- Playing with my dogs
- Enjoying the great outdoors



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