

Matthew H.



Team Member Since: 2009

Education & Certifications

- BS in Biology & Kinesiology from Houston Baptist University
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification

Hobbies and Achievements

- Sports
- Watching The Office
- Weight training



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 882

