

Steven H.



Certified Personal Trainer
Team Member Since: 2010

Education & Certifications

- BS in Computer Science from Ohio State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Theater veteran
- Soccer coach veteran
- Life long runner



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