

Steven H.



Certified Personal Trainer
Master Trainer
Team Member Since: 2010
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Computer Science from Ohio State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Personal Development
- Writing
- Running



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 882

