

Andrew M.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- BS in Kinesiology from Cal State San Marcos.
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- NCAA Division II. Football Humboldt State University
- 3 Years Physical Therapy and Injury Prevention Experience
- 2 Years Experience Sports Performance Training
- Baseball- 3 Year Varsity Northwood HS
- Snow boarding- 12 Years Experience



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24hourfitness.com/personaltraining

Club ID: 884