

# Cesar C.



**Team Member Since: 2006**

## Education & Certifications

- BS in Science from Woodbury University
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Triathlons
- Wrestling
- Boxing
- Fluent in Spanish



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Club ID: 884