

# Jon W.



Team Member Since: 2006

## Education & Certifications

- BS in Computer Information Systems from California State University Fullerton
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Tennis - NCAA Div. I Tennis at California State Fullerton
- Martial Arts
- Muay Thai
- Golf



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 884

