

# Kevin D.

## Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Council on Strength and Fitness - Personal Trainer



**Master Trainer**

**Team Member Since: 2003**

**Sessions Serviced: 10,000 +**

## Hobbies and Achievements

- Motorcycle Racing- 10 Years Experience
- Tennis- 10 Years Experience
- Mountain Biking- 10 Years Experience
- Martial Arts- 20 Years Experience



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scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)