

# Stephanie E.



**Certified Personal Trainer**  
**Team Member Since: 2014**

## Education & Certifications

- BS in Kinesiology: Exercise Science from California Polytechnic University: Pomona
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Dirt Biking
- Skiing
- Working out
- Running Road races with my dad and little brother
- Track and Field 8 years high school and College



For more info about this trainer,  
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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 884