

Carolina F.



**Certified Personal Trainer
Team Member Since: 2011**

Education & Certifications

- BA in Business from California State University, East Bay
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Vacations
- Running
- Working Out
- Movies
- Spending Quality Time with my Daughter



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining